

Radiogram No. 4453u

Form 24 for 10.21.02

Reviewing Procedures for the Upcoming Flight

GMT	Crew	Activity
08:30–08:40		Morning inspection
08:40–09:10		Post-sleep
09:10–10:00		BREAKFAST
10:00–10:20	FE-1	Prep for work
	FE-2	RENAL STONE: end of urine collection
	CDR	RENAL STONE: urine collection
10:20–10:50		Reviewing procedures for the upcoming flight
10:50–11:05		Daily planning conference (<i>S-band</i>)
11:05–11:35	FE-2	Reviewing procedures for the upcoming flight
11:05–12:05	CDR, FE-1	
11:35–13:05	FE-2	Physical exercise (TVIS + active rest / day 1)
12:05–13:05	CDR	Physical exercise (VELO + Load Trainer-1 / day 1)
12:05–12:20	FE-1	CCAA reconfig
12:50–13:05		Payload status check
13:05–14:05		LUNCH
14:05–14:50	FE-1, FE-2	Z1 dome access
14:05–14:25	CDR	RENAL STONE: urine collection
14:25–14:40		RENAL STONE: metabolic log
14:40–14:45		Inspection of БРПК separator
14:45–14:50		Inspection of BP fan in CKB
14:50–14:55		PLANTS-2: payload status check
14:50–15:30	FE-1	Changeout of LiOH canisters before 11A
	FE-2	Collecting and stowing CJГ personal hygiene items for deorbiting
14:55–15:25	CDR	Jumper cable installation (voice call-up capability between FGB & DC-1)
15:30–16:15	FE-1, FE-2	Z1 dome access
16:15–17:15		Test of voice call-up capability between FGB and DC-1/SM
17:15–17:45	FE-2	Collection of humidity condensate samples from CPB-K2
17:15–18:15	CDR	Physical exercise (TVIS-1)
17:15–17:20	FE-1	Weekly maintenance of TVIS
17:20–17:40		Inspection of RED
17:40–19:10		Physical exercise (RED)
17:45–18:15	FE-2	IMS file prep
18:15–19:15		Physical exercise (VELO + Load Trainer-1 / day 1)
18:15–18:20		Weekly maintenance of TVIS
18:20–18:50		Physical exercise (active rest)
18:50–19:10	CDR	RENAL STONE: urine collection
19:10–19:50		Maintenance of COЖ
19:10–20:10	FE-1	Physical exercise (CEVIS)
19:50–20:10	CDR	RENAL STONE: urine collection

20:10–20:30	FE-1	EMU battery charge (init)
20:45–21:15		Daily plan review
21:15–21:45		Prep for work
21:45–22:00		Daily planning conference (<i>S-band</i>)
22:00–22:30		DINNER
22:30–23:00		Daily food prep
23:00–00:00		Pre-sleep
00:00–08:30		SLEEP

NOTE: See OSTP for references to US ODF

End of radiogram